



**American  
Stroke  
Association.**

A division of the  
American Heart Association.

# STROKE SUPPORT SERVICES



A stroke changes a survivor's life — and their loved ones' lives — in an instant. Whether it's in person, online or on the phone, the American Stroke Association is here to support your journey to recovery.

**Stroke.org**



## WEBSITE

Get information to help prevent, treat and beat stroke.

[stroke.org](https://stroke.org)



## SUPPORT GROUP

Connect with others with similar experiences, learn helpful information and help ease the depression and isolation that's common after stroke. Use our support group finder for a list of groups near you.

[stroke.org/SupportGroup](https://stroke.org/SupportGroup)



## SUPPORT NETWORK

Be a part of an online community of survivors and caregivers who know what you're going through and can help you find your footing on the path to better health.

[stroke.org/SupportNetwork](https://stroke.org/SupportNetwork)



## STROKE FAMILY WARMLINE

Talk with our trained specialists who can provide helpful information, connect you to local services or just be a listening ear.

Call 1-888-4-STROKE (1-888-478-7653) or visit [stroke.org/SpeakWithUs](https://stroke.org/SpeakWithUs).



## STROKE CONNECTION E-NEWS

Your trusted monthly newsletter supporting stroke survivors, their families and caregivers.

[StrokeConnection.org](https://StrokeConnection.org)